



HAI SING CATHOLIC SCHOOL
AD VERITATEM PER CARITATEM 忠诚仁爱
established in 1959

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FAMILYmatters!

FamilyMatters@School Parenting Workshop
Helping My Child/Teenager Handle Social Conflict
Date: Saturday 11 November 2017
Venue: Hai Sing Catholic School (SDC Room)
Time: 9 am – 12 noon

Synopsis: Helping My Child/Teenager Handle Social Conflict

What helps our children succeed in life? Research has clearly proven that it is not solely dependent on a child's IQ. In fact, Social-Emotional development plays an equal if not more crucial part in enhancing success. This has to do with a child's ability to understand the feelings of others, manage their own emotions and behaviours, and get along with peers. Come and join us for a workshop on "Teaching children how to handle social conflicts". We will learn how to coach our children in managing their emotions and other strategies in helping them handle conflicts in their lives.

Speaker's Profile: Ms Bong Louis

Ms Bong Louis is a Family Life Education Resource Speaker with many years of experience in conducting marriage, parenting & community programmes. She started her career in the financial industry after graduating with an Accountancy degree from the National University of Singapore. Subsequent opportunities brought her to the social & community service sector where she was based for many years, setting up & running programmes for the underprivileged.

She has been married for 25 years to Halbert Louis, & has 2 daughters, Rachel, 24 & Renee, 22 who is an undergraduate in the US.

Bong last worked as a School Counsellor with MOE, during which she obtained a Diploma in School Counselling (NIE). Bong also holds a diploma in Learning Disorders Management & Child Psychology (CAE) as well as a graduate Certificate in Parent Education Leadership Training. She is also a certified trainer in the Triple P Parenting Programme & is currently completing the Graduate Diploma in Counselling Psychology.

Bong is a dynamic speaker & facilitator who engages her audience through lively group discussions and experiential activities to reinforce learning. She always believes that building healthy self-management & self-esteem in our children go a long way in helping them to be successful in life.

Reply Slip

FamilyMatters@School Parenting Workshop – Helping My Child/Teenager Handle Social Conflict

Please tick Able to attend Attending with Spouse Unable to attend

Name of Child: _____ Class: _____

Name of Parent: _____ Contact: _____

Parent's Signature: _____ Email: _____

Please reply via email or return this reply slip to the Form Teacher through your child latest by Wednesday 1 November 2017. For further information please contact FamilyMatters@School Coordinator Ms Hanita at hanita_kammo@moe.edu.sg. You may also contact the School Counsellor, Ms Ambika at ambika_janardanan@moe.edu.sg.

