



**HAI SING CATHOLIC SCHOOL**  
AD VERITATEM PER CARITATEM 忠诚仁爱  
established in 1959



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**FAMILY**matters!

**FamilyMatters@School Parenting Workshop**  
**My Teen's Friends – Peer Relationships and Influence**  
**Date: Saturday 3 March 2018**  
**Venue: Hai Sing Catholic School (SDC Room)**  
**Time: 9.30 am – 12 noon**

**Synopsis: My Teen's friends – Peer Relationships and Influence**

Teenagers can be rebellious and their friends become an important part of their lives. As parents we are concerned about our teens keeping the right company & this can often lead to arguments and issues of teens not spending enough time with family or even picking up bad habits from friends. This workshop will give you practical ways to talk it out with your teens and guide them through their peer relationships and influences.

**Speaker Profile: Dr Agnes Tan**

Dr Agnes Tan trained as a medical doctor in London, England and has worked there as well as at the National University Hospital, Singapore. She gave up her medical practice to pursue mission work for over a decade. Agnes currently works as a Registered Counsellor, Family Life Educator and Trainer. She holds a Master of Social Science degree in Professional Counselling, and a Graduate Certificate in Parent Education Leadership Training, both from Swinburne University, Australia. Agnes was a part-time lecturer for the Diploma in Counselling Skills for Edith Cowan University and has supervised School Counsellors in MOE schools. She teaches counselling courses, and is also a certified trainer for "Good Enough Parenting", "I Choose Us" marriage programmes and Triple P – Positive Parenting Programme, among others. She has over 20 years' experience and is a sought after speaker in schools and organizations. Agnes has been happily married to her husband Steven for over 24 years & they have two children who are doing tertiary studies. They work closely as a couple, and are passionate about building strong and resilient families.

✂-----Reply Slip-----

**FamilyMatters@School Parenting Workshop on My Teen's Friends – Peer Relationships and Influence**

Please tick   Able to attend  Attending with Spouse  Unable to attend

Name of Child: \_\_\_\_\_ Class: \_\_\_\_\_

Name of Parent: \_\_\_\_\_ Contact: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Email: \_\_\_\_\_

Please reply via email or return this reply slip to the Form Teacher through your child latest by Monday, 19 February 2018. For further information please contact *FamilyMatters@School* Coordinator Ms Hanita at [hanita\\_kammo@moe.edu.sg](mailto:hanita_kammo@moe.edu.sg). You may also contact the School Counsellor, Ms Ambika at [ambika\\_janardanan@moe.edu.sg](mailto:ambika_janardanan@moe.edu.sg).

Registration starts at 9.15 am.

