

**eTeens Programme:**

8. *eTeens* is a programme developed by Health Promotion Board, in collaboration with the Ministry of Education, to provide Secondary 3 students with accurate information on STIs, HIV and protection from a health perspective. *eTeens* is conducted in two segments – a mass talk segment and a classroom-based programme. The desired outcome of the *eTeens* programme is that students are empowered to make wise, informed and sensible decisions.
9. Students are taught skills such as decision-making, assertiveness and negotiation to say “no” to sex and negative peer pressure. They also learn that the impact of STIs/HIV extends beyond themselves and involves their family, and the importance of responsible decision-making and seeking help. Abstinence and upholding family values are the key messages.

**At Hai Sing Catholic Secondary School, the *eTeens* programme will be implemented as follows in 2024:**

| Topics/Lessons                    | Programme Learning Objectives   | Time Period |
|-----------------------------------|---|-------------|
| Mass Talk by HPB appointed vendor | <ul style="list-style-type: none"> <li>• Raise awareness and provide knowledge on:                             <ol style="list-style-type: none"> <li>a) Infectious diseases (STIs and HIV): what it is, how it spreads, how to prevent infection mainly through ABC (abstinence, being faithful, correct, and consistent condom use).</li> <li>b) Managing relationships and risky situations in a healthy way.</li> </ol> </li> </ul> | Term 3      |
| Classroom-based Lesson            | <ul style="list-style-type: none"> <li>• Learn to negotiate their way out of a risky situation by applying skills of assertiveness and responsible decision-making</li> </ul>   | Term 3      |